# TALK

...face to face...

Have you had a **stroke**?

Do you have **communication difficulties** (aphasia)?



Would you like to **meet other people** with aphasia, who are adapting to life after stroke?

Then TALK could be for you ...







supporting people with aphasia after a stroke

### What we do at TALK

We support people with aphasia by:

- Enabling you to practise all aspects of communication
- Familiarising you with strategies to aid conversation
- Helping you to rebuild confidence and self esteem



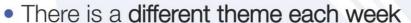


- Encouraging you to become socially independent
- Providing you with information, advice and ongoing support
- Helping you to live positively with aphasia following stroke
- Working closely with local speech therapists, the Stroke Association and other organisations supporting people with aphasia after stroke.

# **TALK Groups**

- TALK has 5 groups in: Ashford, Guildford (2),
  Knaphill and Walton on Thames
- The groups provide communication and social support to people with aphasia after stroke
- They meet for 2 hours each week
- Volunteers work with recoverers on a one to one basis within the group





- Activities may include: discussions, picture, word and number worksheets, quizzes, art therapy, music and sporting activities
- You are encouraged to become involved as much as you want or feel able



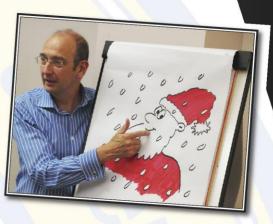
- You will meet people
   who are in a similar situation,
   adapting to life after
   stroke and aphasia
- We value feedback from stroke recoverers and their families on a regular basis

### **Home Visiting Volunteer Service**

If you are unable to get to a TALK group, it may be possible for a TALK volunteer to visit you at home. (Subject to availability)

## Paying for our services

We ask each recoverer for a small fee in order to secure their place and support the sustainability of the charity. This can either be paid termly (with 10% discount) or weekly to the group. (Further information can be supplied by the Group Coordinator)



### **Aphasia: The Facts**

- Aphasia is a communication disability
- Aphasia is also known as dysphasia
- It is caused by damage to the language centre of the brain
- It affects approximately a third of stroke recoverers
- You can have difficulty with speech, understanding, reading or writing
- Aphasia can be mild or severe
- Aphasia does not affect intelligence.





For Referrals and Volunteer Enquiries

Operations Manager



07718 425953



info@talksurrey.org.uk

For Fundraising and Donation Enquiries

**TALK Fundraiser** 



07718 425952



fundraising@talksurrey.org.uk

Website: www.talksurrey.org.uk

TALK Surrey CIO Charity No. 1176014 Affiliated to the Stroke Association

...face to face...

